

# Favourite Quotes

The goal of life is to make your heartbeat match the beat of the universe, to match your nature with Nature.

— Joseph Campbell

The way to find out about happiness is to keep your mind on those moments when you feel most happy, when you are really happy — not excited, not just thrilled, but deeply happy. This requires a little bit of self-analysis. What is it that makes you happy? Stay with it, no matter what people tell you. This is what is called following your bliss.

— Joseph Campbell

The world is full of people that have stopped listening to themselves or have listened only their neighbors to learn what they ought to do, how they ought to behave, and what the values are they should be living for.

— Joseph Campbell

Your sacred space is where you can find yourself again and again.

— Joseph Campbell

Opportunities to find deeper powers within ourselves come when life seems most challenging.

— Joseph Campbell

We must be willing to let go of the life we planned so as to have the life that is waiting for us.

— Joseph Campbell

The privilege of a lifetime is being who you are.

— Joseph Campbell

If you are falling....dive.

— Joseph Campbell

If you can see your path laid out in front of you step by step, you know it's not your path. Your own path you make with every step you take. That's why it's your path.

— Joseph Campbell

You have exactly one life in which to do everything you'll ever do. Act accordingly.

— Colin Wright

What is the point of being alive if you don't at least try to do something remarkable?

— John Green

Our life is frittered away by detail. Simplify, simplify.

— Henry David Thoreau

There is nothing you can buy that will make you any happier than you have already chosen to be.

— Joshua Becker

It's not what you do once in a while that's going to kill you. It's what you do every day that's going to save you.

— Robyn Openshaw

To love a person is to learn the song that is in their heart and sing it to them when they have forgotten.

— Thomas Chandler

Be kind whenever possible. It is always possible.

— Dalai Lama

If we could see the miracle of a single flower clearly, our whole life would change.

— Buddha

The only Zen you find at the mountain top is the Zen you bring with you.

— Zen Proverb

Don't wait to notice your life, and be happy to be alive. You never know when you won't be.

— Sadie Nardini

Don't die with your music still inside you. Listen to your intuitive inner voice and find what passion stirs your soul.

— Dr Wayne Dyer

Everything is either an opportunity to grow or an obstacle to keep you from growing. You get to choose.

— Dr Wayne Dyer